

Annual Report

2019-20



**Society for People's Action and Rural Development in Himalayan Area
(SPARDHA)**

Ishwari Bhawan, Pokharkhali, Almora-263601

Email:spardha303@gmail.com

Annual Report (2019-20)

The activities carried out during the year 2019-20 by Society for People's Action and Rural Development in Himalayan Area (SPARDHA) are mainly confined to strengthening Child Help Line-1098 in block- Sult of district Almora.

The activities included different Campaigns, Awareness programmes about Child Help Line and Child Laws, Outreach programmes and Open house programme exclusively for children and all that.

Open House/ Awareness Programme:

Child Help Line, Sub Centre team organized many Open house programmes during the year. Such programmes were conducted at Government Primary School Ghatti (Sult). On 13th May 2019, around 35 children participated in the programme besides faculty members. Child Help Line, Sult team coordinator and members addressed the gathering and told them in details about the child help line-1098.

The awareness about Child Help Line and Child Protection Laws was followed by -An open House session, in which the school children lively interacted with Child Help Line, Sult team and raised questions about the help line. They also shared their experiences about violation of their rights in the past, they also cited some examples. Child help line also narrated some cases, where child help line came to the rescue of children and protected them.

Finally, in order to motivate or encourage children to protect them against any kind harassment, a brief debate was organized by the child help line team. And the best three children were give prizes. The programme got a good response from the children as well as faculty members.

Open House & Awareness Programme:

On 10th June 2019, An Open House Cum Awareness Programme was organized at Government Primary School, Bailkhan (Sult) by child help line, sub centre, Sult team. Head Teacher of the school Mahboob Alam was present at the programme besides other faculty members of the school. The objective of the programme was to generate awareness about child help line-1098, child rights and child protection laws among children. About 20 plus children participated in the programme. The awareness session was followed by an Open House session. In open house session children were invited to lively interact with the child help line team. They raised questions about the child help line to pacify their curiosity. They also shared their experiences about the harassment

kind of situation, when it took place in the past, but in the context of unawareness and non-existent of any such help line, help could not be sought.

Awareness Programme for Self Help Group Members:

On 29th May 2019, An awareness programme was organized for the members of the women Self Help Groups (SHGs). The group members were from the nearby villages- Bankota, Panuwadokhan and Jaakh of block-Sult. The awareness programme was for the women self help group members who are socio-economically weak and their literacy level is low.



- **Bachhon Ka Bageecha**

On 7th July 2019, Child Help Line, Sub Centre, Sult; visited Bachhon Ka Bageecha and made them aware about the Child Help Line-1098. So accepting the invitation,

As name suggests, it's an informal organisation of children founded by Ms Chitra from Balgalore. They have started a centre called "Bachhon Ka Bageecha", where children are made to learn how to read and write properly, they are encouraged to think rationally rather than rote learning. Lots of other activities are done to enhance their knowledge and understanding.



Above all, children are trained in handicraft items, which are made out of waste material-paper, cardboard etc.



Awareness Programme on ANTI-CHILD LABOUR DAY CELEBRATION:

On the occasion of *The Day Against Child Labour*, which falls on 12th June, different activities were carried out by Child Help Line Sub Centre, Machhor/ Sult team. So celebrating the day, a rally of the women of the area was taken out all through the Market, especially by the Business Establishments of the area. The objective of the rally was to generate awareness among the masses that Child Labour is not only morally

wrong practice but also it is a punishable offence under Child Labour (Prohibition and Regulation) Act 1986.

- **Awareness Programme on Anti-Drug Abuse & Illicit Trafficking**



On 10th of July 2019, on the initiative of Child Help Line, Sub Centre, Sult in collaboration with Uttarakhand Police Department and Government Inter College, Machhor, organized an awareness programme for generating awareness amongst school students about Drug Abuse & Illicit Trafficking. The students were told that in 1987, United Nations' General Assembly decided by a resolution

that 26th June would be observed as International Anti- Drug Abuse and Illicit Trafficking Day.

CHILDLINE SE DOSTI SAPTAH:

CHILDLINE India Foundation (CIF) along with its partner organizations celebrated CHILDLINE SE DOSTI SAPTAH from 7th November to 14th November 2019 all over the country, wherever CHILD HELP LINE- has its presence. The objective of the Celebration was to expand the outreach of the CHILD HELP LINE-1098 and make it a household name by generating awareness among



the masses through different activities like- Signature Campaign, Debates, drawing competitions, essay writing competitions, Film Screening- *Komal*, Use of Message



Carrying Van and different sports activities- CHILD HELP LINE walk, CHILD HELP LINE Run etc. CHILD HELP LINE, Sub Centre, Sult (Almora) team also celebrated CHILDLINE SE DOSTI SAPTAH with lot of enthusiasm and excitement. The beginning of the week was marked by Awareness cum Open House Programme followed by launch of Signature Campaign in its support and flagging off the Message Carrying Vehicle at

KENDRIYA VIDHYALAY, Almora About 100 Students and faculty members of KENDRIYA VIDHYALAY, Almora participated at the programmes and showed solidarity for the success of weeklong Campaign. CHILD HELP LINE team and children tied FRIENDSHIP BAND to the Principal and other faculty members of the School. They assured the CHILD HELP LINE team that of their association with CHILD HELP LINE-1098 and made commitment that they would always try to spread awareness about the CHILD HELP LINE.

In the course of the weeklong Campaign, CHILD HELP LINE, Sult team visited many Police Stations at different locations like- Bhatrojkan, Molekhal(Sult), Marchula and Police Chowkis all over the Development Block. The team members tied Friendship Bands to the Police Personnel as a gesture to make them feel being a part of the CHILD HELP LINE and an informal commitment of association with it.



Another awareness Programme at **God Grace Public School, Bhikiaysain** was organized; children and faculty members made aware about the presence of CHILD HEL P LINE-1098 in their area. The team explained to them under what circumstances a child or a concerned adult can dial **1098** at any point of time of the day.

As part of **CHILD LINE SE DOSTI SAPTAH**, CHILD HELP LINE, Sult team organized many events at different schools. Such programmes were organised at **Nav Jyoti Baal Vidhya Mandir, Machhor (Sult)** and **Government Inter College, Machhor (Sult)**. CHILD HELP LINE team members and Children tied Friendship Bands to the Principal/s and Faculty members and informally made them commit that henceforth they are part of CHILD HELP LINE-1098 and they would always try to make more and more people aware about the presence of the HELP LINE-1098 in the area. Drawing and Debate Competitions were organized at **Nav Jyoti Baal Vidhya Mandir** and **Government Inter College, Machhor** based on the theme **CHILD LINE SE DOSTI**. It was followed



by an interaction session, in which children lively interacted with CHILD HELP LINE team and enthusiastically raised many questions about the HELP LINE and its activities. Finally all the faculty members and Children joined the signature campaign and put their signatures on the board as a symbol to express their solidarity with the CHILD HELP LINE-1098

The CHILD LINE SE DOSTI WEEK culminated into CHILDREN's DAY Celebration on 14th November. CHILD HELP LINE team participated in the CHILDREN's DAY CELEBRATION at 1) Nav Jyoti Public School and 2) Government Inter College, Machhor. The 1st, 2nd and 3rd position holders in all the categories were given prizes by the CHILD HELP LINE; and some consolation prizes were also given away to the students, whose performance left a sort of mark.

Participation in One- Day District Level Training Programme on “Child Protection for Stakeholders in Uttarakhand :

The Society participated in one day Training Programme on “Child Protection for Stakeholders in Uttarakhand” organized by Bachpan Bachao Andolan (**Ckpiu cpkvksa vkUnksyu**), an NGO founded by Noble Laureate Mr Kailash Satyarthi to prevent children from Child Labour . The objective of the Programme was to enhance the knowledge of the participants about child related issues and Child Protection laws. Among the participants were: Child Welfare Committee (CWC) Members, Child Advisory Board (CAB) members, Director of COLAB, Child Help Line- Sub Centre Heads etc.....

Besides, in order to generate awareness about the existence of CHILD HELP LINE-1098 and to reach out to maximum number of people especially children, the Society carried out different petty activities like painting, drawing, debates, essay writing competitions etc all through the year 2019-20. ,

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Media Reports

शारीरिक और मानसिक कमजोरी का कारण है नशा : बुधोड़ी



मछोड़ में नशा विरोधी जागरूकता रैली निकालते विद्यार्थी। अपर उजाला

अल्मोड़ा। स्पर्धा चाइल्ड हेल्प लाइन सल्ट मछोड़ के संयोजन में राजकीय इंटर कॉलेज मछोड़ में नशा निरोधक जागरूकता कार्यक्रम आयोजित किया गया। बाद में बच्चों ने नशे के खिलाफ रैली भी निकाली। प्रधानाचार्य गोपाल दत्त बुधोड़ी ने कहा कि जिले में नशा निरोधक पखवाड़ा आयोजित किया जा रहा है। नशे की प्रवृत्ति व्यक्ति को शारीरिक और मानसिक रूप से कमजोर कर देती है। जिससे उसके सोचने और समझने की शक्ति समाप्त हो जाती है।

उन्होंने कहा कि ऐसा व्यक्ति स्वयं ही समाज से बहिष्कृत हो

राजकीय इंटर कॉलेज मछोड़ में नशा निरोधक जागरूकता कार्यक्रम आयोजित

जाता है। देश की आर्थिक, सामाजिक और सामरिक सुरक्षा के लिए युवा वर्ग को शारीरिक और मानसिक रूप से स्वस्थ और मजबूत होना होगा।

उन्होंने कहा कि युवा वर्ग नशे से दूर रहे और समाज को भी इसके लिए प्रेरित करें। भतरौजखान थाने के उप निरीक्षक इंद्र सिंह टैला ने नशे के दुष्परिणामों से अवगत कराया। उन्होंने नशा निरोधक कानूनों की जानकारी देते हुए बताया नशे के

कारोबार में लिप्त व्यक्ति को 10 साल से लेकर आजीवन कारावास तक की सजा हो सकती है।

चाइल्ड हेल्प लाइन के निदेशक दीप चंद्र शिष्ट ने कहा कि वर्तमान में स्कूली बच्चों में नशे की बढ़ती प्रवृत्ति चिंताजनक है।

कार्यक्रम में ग्राम प्रधान नारायण दत्त सरखली, चाइल्ड हेल्प लाइन की शिवानी बिशनोई, गीतांजलि कश्मीर, उमा रावत, मोहन चंद्र सायबली, रमेश चंद्र उप्रेती, दिनेश चौहान विनोद चौहान, कविता भट्ट, ललित रावत, आफताब आलम आदि उपस्थित थे। संचालन कैलाश रावत ने किया। ब्यूरो